

*Vidya Poshak's*

“Carving Out Personal Counsellors” initiative  
(In association with Samadhana Trust, Bengaluru, led by  
**Dr. C R Chandrashekhar**)

**Application Form**

ವ್ಯಕ್ತಿಗತ ಆಪ್ತ ಸಲಹಾ ತರಬೇತಿಗಾಗಿ ಅರ್ಜಿ ನಮೂನೆ

**Personal details of the trainee**

ಶಿಕ್ಷಣಾರ್ಥಿಯ ವಿವರಗಳು

- 1) Name : \_\_\_\_\_  
ಹೆಸರು
- 2) S/o. D/o. W/o. : \_\_\_\_\_  
ತಂದೆ / ಗಂಡನ ಹೆಸರು
- 3) Age : \_\_\_\_\_ Years.                      Qualification : \_\_\_\_\_  
ವಯಸ್ಸು                                              ವಿದ್ಯಾಭ್ಯಾಸ
- 4) Professional Details : \_\_\_\_\_  
ವೃತ್ತಿ ವಿವರಗಳು
- 5) Home Address : \_\_\_\_\_  
ಮನೆ ವಿಳಾಸ
- Phone : Landline \_\_\_\_\_                      Mobile : \_\_\_\_\_  
ಸ್ಥಿರ ದೂರವಾಣಿ                                      ಜಂಗಮವಾಣಿ
- 6) Email: \_\_\_\_\_
- 7) Marital Status : Married                       Unmarried   
ವಿವಾಹಿತ                                              ಅವಿವಾಹಿತ
- 8) No. of people in the family : \_\_\_\_\_  
ಕುಟುಂಬದಲ್ಲಿನ ಒಟ್ಟು ಸದಸ್ಯರ ಸಂಖ್ಯೆ
- 9) Which is the most difficult / stressful situation or problem you have faced in your life ?  
ನಿಮ್ಮ ಜೀವನದಲ್ಲಿ ನೀವು ಎದುರಿಸಿದ ಅತಿ ಕಷ್ಟ / ಒತ್ತಡದ ಸನ್ನಿವೇಶ ಯಾವುದು?  
\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_
- 10) What are your hobbies ?  
ನಿಮ್ಮ ಹವ್ಯಾಸಗಳೇನು?  
\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_

11) What do you expect from the training ?

ಈ ತರಬೇತಿಯಿಂದ ನೀವು ಏನನ್ನು ನಿರೀಕ್ಷೆ ಮಾಡಿದ್ದೀರಿ ?

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12) How you would use the knowledge / skills learnt in this training ?

ಈ ತರಬೇತಿಯಿಂದ ಪಡೆದ ಜ್ಞಾನ - ಕೌಶಲ್ಯಗಳನ್ನು ಹೇಗೆ ಉಪಯೋಗಿಸುವಿರಿ ?

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13) Are you willing to offer counseling service on voluntary basis? Yes  No.

ಆಪ್ತ ಸಲಹೆ ಸೇವೆಯನ್ನು ಸಮಾಜಕ್ಕೆ ಉಚಿತವಾಗಿ ನೀಡಲು ಸಿದ್ಧರಿದ್ದೀರಾ ? ಹೌದು ಇಲ್ಲ

14) Have you attended any training program related to counseling ? Yes / No

If Yes, provide details.

ಆಪ್ತ ಸಲಹೆ ಕುರಿತ ಯಾವುದಾದರೂ ತರಬೇತಿ ಪಡೆದುಕೊಂಡಿದ್ದೀರಾ ? ಹೌದು / ಇಲ್ಲ ಹೌದಾದರೆ, ವಿವರ ಒದಗಿಸಿ.

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15) Any experince in counseling ? Yes / No If Yes, give details.

ಆಪ್ತ ಸಲಹೆ ನೀಡುವುದರಲ್ಲಿ ನಿಮಗೆ ಏನಾದರೂ ಅನುಭವ ಇದೆಯೇ ? ಹೌದು / ಇಲ್ಲ ಹೌದಾದರೆ, ವಿವರ ಒದಗಿಸಿ.

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16) Details of any other training program participated

ಇತರ ಯಾವುದೇ ತರಬೇತಿ ಪಡೆದಿದ್ದರೆ ಅದರ ವಿವರಗಳು

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17) Mention any Social contribution from your end so far.

ಸಮಾಜಕ್ಕೆ ತಾವು ನೀಡಿದ ಕೊಡುಗೆಗಳ ಬಗ್ಗೆ ನಮೂದಿಸಿ.

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## **Letter of Commitment**

(to be obtained from the trainees)

I intend to learn the art of personal counseling by joining the training offered by Vidya Poshak. I commit to follow the following.

1. I will attend the training on all SIX Sundays without fail and I am aware that I Will receive the certificate of training after fulfilling this obligation.
2. I will participate actively and sincerely in the training
3. I will complete any assignments if and when given by the trainer organisation before attending each session
4. Post training, I will offer service to the needy free of cost
5. I will take care to be sensible and sensitive while counseling the needy and I am aware that neither Vidya Poshak nor Samadhana organisations will have any liability consequent of my action/s.
6. I will keep the discussions with the counselee absolutely confidential
7. I will attend the refresher courses as and when offered
8. I will attend the annual meeting without fail to share my experience and to cross learn.

The information furnished in the application form is correct.

Date:

Signature of the trainee  
(Name: \_\_\_\_\_ )

Place: