



VIDYA POSHAK's - Residential Bridge Camps (RBC)

Vidya Poshak's mission is to empower the education community. Since 2001, Vidyaposhak has been serving student community through financial assistance to needy and meritorious students, library services and need based training programmes for students, teachers, volunteers, parents and unemployed graduates. More details can be found in our website www.vidyaposhak.org

Residential Bridge Camps: We felt that it would be better if apart the students are moulded to lead a quality life and to resolve giving back to the society. We also found most of the students lacked confidence and skills because of their socio economic background, which prevented them from performing well in the selection process / interviews as well as in any public appearance.

There has been a huge gap between what is learnt in the academic system and the requirement of the main stream society and the job market. To address all these vital issues and to make the students contributing citizens to the society, the camps took birth.

Following are the objectives of the Camp:

- To bridge the gap between the formal education and demands of meaningful career.
- To assist them to set and achieve desired career goals.
- To instill confidence through skill sets (IQ, EQ and SQ)
- To make them contributive and socially sensitive citizens

The above said objectives depict the overall vision of the camps. Each camp has specific objectives decided prior to each camp based on the target group.

Target Group: The RBCs focus more on 11th and 12th standard students. Degree students studying in non professional courses are also considered some time for the camps.

Curriculum: The curriculum of the RBCs is dynamic. The curriculum is designed on the basis of the grade and stream in which the students are studying and trends prevailing. By and large the students attending the camp will have curriculum as below.

- General Motivation
- Life Skills
- Goal Setting
- Career awareness and Planning
- Emotion Management
- Study skills
- Time Management
- Creativity
- Functional English
- Presentation Skills
- Adaptability
- Leadership and Team Building
- Social Values
- Etiquettes and Manners
- Interpersonal Skills
- Resume Writing
- Interview Techniques
- Group Discussions
- Corporate Etiquettes
- Conflict Management
- Quantitative Aptitude
- Interaction with subject experts

Unique Features

- The camps are residential in nature.
- Ice breakers are conducted to bring the students out of hesitation and inferiority.
- Students are engaged in different activities from morning six to evening eight all the eight days.
- 'WHO' recognized Life Skills modules are the part of every camp.



- Baseline evaluation and final evaluation of the students are done with respect to some parameters to ensure improvement among them.
- Feed back on each session is taken at the end.

Impact:

1. More than 60% of the students have started reading newspapers daily.
2. 75% have improved their daily routine for better, not wasting time, getting up early, etc.
3. 95 % of the camp participants have earned more marks compared to their last exam.
4. 60% of them have started participating in extracurricular activities in their college (debate, quiz, etc).
5. Around 60% have reported that they have continued doing “Yoga” daily and it has brought a drastic change in them- being happy, no tiredness or stress, being patient.
6. Many camp participants have reported about being active citizens by virtue of being leaders in real life situations. (respecting elders, giving away seats in passenger vehicles, etc)
7. On an average, 70% of the participants (12th class) have vowed to migrate to English medium once they join the degree courses.

Our Experience

The Residential Bridge Camp has brought a positive change in Vidya Poshak students. In five years RBCs are playing an effective role in the success of participants.

Year	No of Camps	No of Students
2007	5	281
2008	13	590
2009	23	1063
2010	21	1093
2011	21	953
Total	83	3980

Requirements

1. Rs. 2,500 student for 9-day workshop including his food & accommodation.
2. Rs 5,000 for one day food expenses for all the 50 students in the camp including Breakfast, Lunch, Tea & Dinner. Total of Rs 40,000 for whole camp for 50 student.
3. Donations in kind – Venue for camp consisting of Training & Residential facility.
4. Food & Snacks for the students during the camp.
5. Volunteering time for taking sessions during the camp.
6. The expense for one Residential bridge camp for 9 days with 50 students costs about Rs 1.0 Lakh

Project Contact

VENKATESAN N.

COO. Vidya Poshak.

Mobile: +91 98450 38017

Email: venkatesh@vidyaposhak.org